

DEPARTMENT: Doylestown Healthcare Partnership	
FACILITY:	
DATE OF ORIGIN: 7/14/2021	NEXT REVIEW DATE: 7/14/2022
AUTHOR (ROLE): ADM Director DHP	
APPROVED BY (ROLE): Network Development / DHP Managing Committee	

PURPOSE:

Patients who are compliant with taking hypertensive medications, oral diabetic medications and/or statins every day can have a significant positive effect on the long-term outcomes for patients with hypertension, diabetes, high cholesterol and/or cardiovascular disease.

SCOPE:

This policy applies to Doylestown Healthcare Partnership patients who have an active problem of hypertension, non-insulin diabetics and/or cardiovascular disease are prescribed and adherent to ACE/ARB; oral diabetic agent or statin prescription.

POLICY:

The patients with an active problem of hypertension, non-insulin diabetics and/or cardiovascular disease are compliant with taking their prescribed ACE/ARB; oral diabetic agent and/or statin 80% of the time.

PROCEDURE:

1. Review the adherence data from the pre-visit planning form and other adherence reports supplied to the practice.
2. Reach out to the patients who are non-adherent and explain to the patient why adherence to medications is important.
 - a. Conduct open-ended counseling to confirm if your patient is taking his/her medication as prescribed and/or barriers
 - i. "How do you currently take your medications?"

- ii. “When you miss a medication dose, what is the most common reason and why?”
- iii. Do you feel it is necessary to take all your medications?”
- iv. What do you do if you forget to take your medicine?”

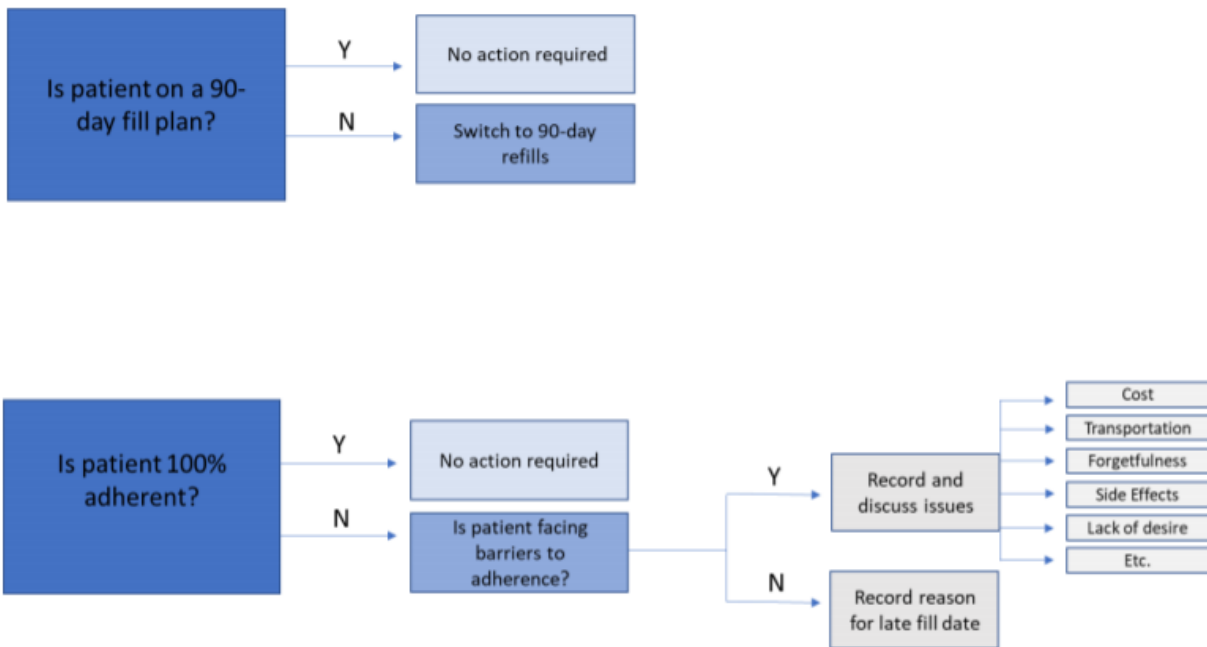
3. Words That Matter

- a. Taking medications isn’t easy. Many people have trouble taking their medications exactly as prescribed. How often does that happen to you?

Reviewed:

Revised:

Appendix A – Adherence Decision Tree



Appendix B – Adherence Barriers Flow Chart

FIGURE 2. ADHERENCE BARRIERS FLOW CHART

